

# SAMPLE ACTIVITIES CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30 A.M. Veterans Coffee Club	9:45 A.M. Water Aerobics	10:30 A.M. Tube Time	9:45 A.M. Chair Aerobics	9:30 A.M. Investors Group
11:00 A.M. Dancercise	10:45 A.M. Chair Yoga	10:30 A.M. Dominoes	1:00 P.M. Calligraphy	10:00 A.M. Tai Chi
1:00 P.M. Program Committee Meeting	11:00 A.M. Chicken Foot	2:00 P.M. Women's Bible Study	1:00 P.M. Mahjong	11:00 A.M. Birthday Luncheon
3:00 P.M. Painting	1:00 P.M. Caregivers Support Group	2:30 P.M. Communion Service	2:30 P.M. Computer Class	12:30 P.M. Trip to Aquatic Greens Farm
3:00 P.M. Book Club	3:00 P.M. Chapel Service	4:00 P.M. Bridge	4:00 P.M. Howdy Hour	3:00 P.M. Ask a Pharmacist
6:30 P.M. Evening Swim	7:00 P.M. Card Games	7:00 P.M. Corn Hole	4:00 P.M. Anniversary Party	7:00 P.M. Movie and Popcorn