

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat															
DR - Dining Room CR - Card Room Conf - Conference Room FC - Fitness Center C - Chapel B - Bistro L - Lobby AC - Arts & Crafts Room	H - Hideout Room PDR - Private Dining Room AL - Assisted Living Lobby AL* - Assisted Living Dining Rm RED - Sign-up at the Front Desk BLUE - Reg once a month activities PURPLE - Special One Time Activities				1 9:30 Watercolor Painting - AC 9:45 Chair Aerobics w/Nancy - C 10:45 Chair Yoga w/Carla - C 1:00 Learn Mahjong w/Margie - DR 1:00 Bridge - CR 1:00 Community Bible Study - Conf 1:30 Catholic Rosary - Court Library 2:00 Catholic Communion - Court Lib 6:00 Evening Bridge - CR	2 Wear RED Day! 9:45 Move w/Nancy (Chair) - C 10:30 Groove w/Nancy (Aerobics) - C 10:00 Tai Chi w/Beverly - FC 10:30 Bible Study - Court Library 1:00 Chicken Foot - AC 2:15 Games in the Card Room 5:30 3rd Floor Pizza Party! Trivia Champs Celebrate Meet at Main Elevator	3 10:00 Pencil Drawing Art - AC Bring a project to work on 2:00 Movie & Popcorn Conference Room Theatre 7:00 Movie & Popcorn Conference Room Theatre														
4 9:00 Sunday School - C 11:00 Sunday Brunch Buffet - DR 2:00 Worship Service <i>First United Methodist - Bryan</i> 2:00 Mahjong - CR 6:00 Sunday Fun! - AC	5 9:45 Move w/Nancy (Chair) - C 10:30 Groove w/Nancy - C 11:00 Dancercise w/Susan - FC 1:00 Party Bridge-CR 1:00 Dominos-AC 3:00 Creative Coloring Club - AC Orientation for a NEW Club! 4:00 Bible Discovery & Discussion - CR 6:30 "The Crown" Netflix S1, E3 - Conf Continental Breakfast Get your Game Card!	6 10:45 Chair Yoga w/Carla- C 11:00 Chicken Foot - AC 1:00 Caregivers' Support - Library 1:00 Trivial Pursuit w/Gary - AC 2:00 Scrabble Hour - C 3:00 Chapel Service - C 3:00 - 4:00 Tech Support - Hideout Sign-up for an Appointment! 7:00 Card Game "99" - CR	7 ?? 9:30 Jim's Exercise w/Nancy - C 10:00 Fire Alarm Testing See Flyer for details 10:30 Tube Time w/Nancy - FC 10:30 Dominos - AC 1:00 Mexican Train Dominoes - CR 3:00 Tambopata Macaw Project in Peru Presented by Don Brightsmith - C 4:00 Bridge 101...Learn to Play - CR 7:00 Corn Hole - C	8 9:45 Chair Aerobics w/Nancy - C 10:45 Chair Yoga w/Carla - C 10:30 Catholic Mass - Court Chapel 1:00 Learn Mahjong w/Margie - DR 1:00 Bridge - CR 1:00 Community Bible Study - Conf 1:30 NO Catholic Rosary 2:00 Catholic Communion - Court Lib 6:00 Evening Bridge - CR	9 9:45 Move w/Bill (chair) - C 10:30 NO Groove w/Nancy (Aerobics) - C 10:00 Tai Chi w/Beverly - FC 10:30 Bible Study - Court Library w/Rev Clyde Wilton 1:00 Chicken Foot - AC 2:15 Games in the Card Room	10 10:00 Pencil Drawing Art - AC Bring a project to work on 2:00 Movie & Popcorn Conference Room Theatre 7:00 Movie & Popcorn Conference Room Theatre															
11 9:00 Sunday School - C 11:00 Sunday Brunch Buffet - DR 2:00 NO Worship Service - C 2:00 Mahjong - CR 3:00 WYSE Orientation - C 6:00 Sunday Fun! - AC	12 9:00 AAII Investors Group - C 9:45 Move w/Nancy (Chair) - FC 10:30 Groove w/Nancy - FC 11:00 Dancercise w/Susan - FC 1:00 Learn Spanish w/Kathy - Conf 1:00 Party Bridge-CR 1:00 Dominos-AC 3:00 BINGO - AC 4:00 Bible Discovery & Discussion - CR 6:30 "The Crown" Netflix S1, E4 - Conf	13 Mardi Gras 10:45 Chair Yoga w/Carla- C 11:00 Chicken Foot - AC 1:00 Trivial Pursuit w/Gary - AC 2:00 Scrabble Hour - C 3:00 Chapel Service - C 3:00 - 4:00 Tech Support - Hideout 4:00 MARDI GRAS Party - C Play "Two Truths & a Lie" Fun! Fun! 5:00 Cajun Buffet - DR 7:00 Card Game "99" - CR	14 Happy Valentine's Day 8:30 Muffins with the Managers - B 9:30 Jim's Exercise w/Nancy - C 10:30 Tube Time w/Nancy - FC 10:30 Ash Wednesday Service-Court C 1:00 Dominos - AC 1:00 Mexican Train Dominoes - CR 3:30 Valentine's HOWDY HOUR - C Gabe will be here!!! 4:00 Bridge 101...Learn to play! - CR 7:00 Corn Hole - C	15 9:45 Chair Aerobics w/Nancy - C 10:45 Chair Yoga - C 1:00 Community Bible Study - Conf 1:00 Party Bridge - CR 1:00 Learn Mahjong w/Margie - DR 1:30 Catholic Rosary - Court Lib 2:00 Catholic Communion - Court Library 3:00 Floor Challenge...Family Feud Blue Bell Ice Cream!! 6:00 Evening Bridge - CR	16 9:45 Move w/Nancy Chair) - C 10:30 Groove w/Nancy (Aerobics) - C 10:00 Tai Chi w/Beverly - FC 10:30 Bible Study - Court Library Book of Matthew w/Rev Clyde Wilton 1:00 Chicken Foot - AC 2:15 Games in the Card Room 5:00 Anniversary Banquet Dining Room	17 10:00 Pencil Drawing Art - AC Bring a project to work on 2:00 Movie & Popcorn Conference Room Theatre 7:00 Movie & Popcorn Conference Room Theatre															
HAPPY 5TH ANNIVERSARY!! Arbor Oaks is 5 years old! Lets celebrate with 5 days of FUN!!																					
18 9:00 Sunday School - C 10:30 Catholic Service - Court Chapel <i>Deacon Molina</i> 11:00 Sunday Brunch Buffet - DR 2:00 Worship Service - C <i>St. Thomas Episcopal</i> 2:00 Mahjong - CR 6:00 Sunday Fun! - AC	19 9:45 Move w/Nancy (Chair) - C 10:30 Groove w/Nancy (Aerobics) - C 10:30 Veterans' Coffee & Donuts - Conf 11:00 Dancercise w/Susan - FC 1:00 Party Bridge - CR 1:00 Dominos - AC 3:00 Book Club - Conf 4:00 Bible Discovery & Discussion - CR 6:30 "The Crown" Netflix S1, E5 - Conf	20 10:45 Chair Yoga - C 11:00 Chicken Foot - AC 1:00 Caregivers' Support - Library 1:00 Trivial Pursuit w/Gary - AC 2:00 Scrabble Hour - CR 3:00 Chapel Service - C 3:00 - 4:00 Tech Support - Hideout 7:00 Card Game "99" - CR	21 9:30 Jim's Exercise w/Nancy- C 10:30 Dominos - AC 10:30 Tube Time w/Nancy - FC 1:00 Mexican Train Dominoes - CR 4:00 Bridge 101...Learn to Play! - C 7:00 Corn Hole - C	22 9:45 Chair Aerobics w/Nancy - C 10:45 Chair Yoga - C 1:00 Community Bible Study - Conf 1:00 Party Bridge - CR 1:00 Learn Mahjong w/Margie - DR 1:30 Catholic Rosary - Court Library 2:00 Catholic Communion - Court Lib 3:00 My Life in Chemistry - C Presented by Abe Clearfield 4:00 HOWDY HOUR - C 6:00 Evening Bridge - CR	23 9:45 Move w/Nancy (Chair) - C 10:30 Groove w/Nancy (Aerobics) - C 10:00 NO Tai Chi w/Beverly - FC 10:30 Bible Study - Court Library 11:30 February Birthday Luncheon - PDR 1:00 Chicken Foot - AC TBD Movie Matinee - L 2:15 Games in the Card Room 3:00 Bio-Medical Outreach - Conf	24 10:00 Pencil Drawing Art Time - AC Bring a project to work on 2:00 Movie & Popcorn Matinee Conference Room Theatre 7:00 Movie & Popcorn Conference Room Theatre															
25 9:00 Sunday School - C 10:30 Catholic Service- Court Chapel <i>Deacon Luna</i> 11:00 Sunday Brunch Buffet - DR 2:00 Worship Service - C Aldersgate Methodist 2:00 Mahjong - CR 4:15 BVSO "Russians & Ravel" - L 6:00 Sunday Fun! - AC	26 9:45 Move w/Nancy (Chair) - C 10:30 NO Groove w/Nancy (Aerobics) 11:00 Dancercise w/Susan - FC 1:00 Learn Spanish w/Kathy - Conf 1:00 Party Bridge - CR 1:00 Dominos - AC 3:00 Storytelling Club New! - Conf 4:00 Bible Discovery & Discussion - CR 6:30 "The Crown" S1 E6 - Conf	27 10:45 Chair Yoga - C 11:00 Chicken Foot - AC 1:00 Trivial Pursuit w/Gary - AC 2:00 Scrabble Hour - CR 3:00 Celebration of Holy Eucharist - C <i>St. Andrews Episcopal Church</i> 3:00 - 4:00 Tech Support - Hideout 5:00 Dinner Out - L <i>Cenare Italian Restaurant</i> 7:00 Card Game '99' - CR	28 9:30 Jim's Exercise w/Nancy- C 10:30 Dominos - AC 10:30 Tube Time w/Nancy - FC 1:00 Creating Greeting Cards - AC 1:00 Mexican Train Dominoes - CR 3:00 WWI Maps, Battle Lines, Trenches, & Propaganda - C Presented by Sierra Luddusaw 4:00 Bridge 101...Learn to Play! - C 7:00 Corn Hole - C	<div style="border: 2px solid purple; padding: 10px;"> <h2 style="text-align: center;">February Birthdays</h2> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">Feb 1</td> <td style="width: 55%;">Ted Lowe</td> <td style="width: 30%;">Apt # 307</td> </tr> <tr> <td>Feb 3</td> <td>Gerald Steck</td> <td>Apt # 329</td> </tr> <tr> <td>Feb 5</td> <td>Carol Suter</td> <td>Apt # 210</td> </tr> <tr> <td>Feb 12</td> <td>Jan Cagle</td> <td>Apt # 326</td> </tr> <tr> <td>Feb 16</td> <td>LaVaughn Lundgaard</td> <td>Apt # 125</td> </tr> </table> </div>			Feb 1	Ted Lowe	Apt # 307	Feb 3	Gerald Steck	Apt # 329	Feb 5	Carol Suter	Apt # 210	Feb 12	Jan Cagle	Apt # 326	Feb 16	LaVaughn Lundgaard	Apt # 125
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